

A woman with long brown hair, wearing a dark patterned dress, stands on a stage holding a microphone in her right hand and gesturing with her left hand. The background is a blurred audience seated in a large hall, illuminated with blue light. The name 'JACQUI COOPER' is overlaid in large white letters.

JACQUI COOPER

AIM HIGHER. THINK BIGGER. BE BOLDER.

ABOUT JACQUI COOPER

AIM HIGHER. THINK BIGGER. BE BOLDER.

Jacqui Cooper is the embodiment of bold thinking and big goals.

A five-time Winter Olympian and World Champion aerial skier, she has soared to literal and metaphorical heights in one of the most demanding sports on the planet. Her 20-year career—marked by world records, extraordinary comebacks, and unwavering resilience—is proof of what’s possible when you back yourself and dream beyond the limits.

Today, Jacqui brings that same energy, mindset, and fearlessness to the stage. Her keynotes are not just motivational—they’re transformational. Whether she’s speaking about resilience, mindset, or the power of goal-setting, Jacqui challenges audiences to reimagine what they’re capable of. Her message is simple: with the right mindset and tools, anyone can **aim higher, think bigger, and be bolder.**

Authentic, high-energy, and deeply relatable, Jacqui’s story doesn’t just inspire—it shifts people into action.





KEYNOTE TOPICS

1. RESILIENCE

How to unlock, build, and access your own bank of resilience using real-life moments of grit, passion, and purpose.

2. PERSONAL RESILIENCE

From the heights of global success to the depths of personal loss, Jacqui shares the resilience toolbox that has helped her thrive—on and off the slopes.

3. POWER OF THE MIND

Your mindset is your greatest asset. Learn how to manage your inner voice, master self-belief, and build unshakable mental strength.

4. GOAL SETTING

How ten pieces of paper, read daily for ten years, helped Jacqui become World Champion—and how you can build your own roadmap to success.

5. CHAMPION ATTITUDE

Attitude is everything. Jacqui shows how a positive internal dialogue and commitment to excellence can transform performance and perspective.

6. CHANGE

Adapt early. Embrace reinvention. Jacqui shares how to stay competitive, relevant, and ahead of the curve in times of transformation.

All keynotes can be customised and combined. Workshop and MC options also available.

WHY CHOOSE JACQUI?

PROVEN PERFORMANCE

Jacqui is an elite athlete with a 20+ year track record of breaking records and defying limits.

MAGNETIC ENERGY

Her delivery is powerful, passionate, and peppered with relatable, real-world stories.

TAILORED FOR IMPACT

Every keynote is crafted to meet your audience's needs—no cookie-cutter talks here.

MESSAGE THAT MOVES PEOPLE

Jacqui doesn't just inspire—she gives people the tools and confidence to take action.

TRUE VERSATILITY

From keynote to MC to workshop facilitator, Jacqui delivers with professionalism and flair.





Jacqui is a world class storyteller. She left a lasting impression and motivated each employee who attended the event. Jacqui literally had the entire room on their feet, cheering, and giving her a well-deserved standing ovation.

CAMPBELL ARNOTT'S ASIA PACIFIC

WHAT CLIENTS SAY ABOUT JACQUI



Jacqui had our team and clients captivated for hours at our lunchtime events. We have booked Jacqui 14 times now; we don't think we could find a better speaker for our events, so we just re-book her.

ACCOUNTANCY INSURANCE



Jacqui is an absolute professional who we would highly recommend to anyone looking to drive a strong message surrounding leadership, culture, dedication, and focus.

NEW HOLLAND AGRICULTURE



Jacqui was nothing short of sensational. She inspired the crowd through her incredible stories of will power, commitment and pushing through adversity.

DOMAIN

5x

WINTER OLYMPIAN



5x

WORLD NUMBER 1



**FIRST
AUSTRALIAN
WOMAN**

**TO BE SELECTED
TO FIVE WINTER
OLYMPIC GAMES**

**WORLD RECORD
HOLDER AND WORLD ACROBATIC
HALL OF FAMER**



**SPEAKER, MC,
RESILIENCE
AMBASSADOR,
MENTOR, AND
MINDSET COACH**



**AUTHOR AND ADVOCATE
FOR HEALTH, SPORT, AND
WOMEN'S EMPOWERMENT**



**AUSTRALIAN MEDIA PERSONALITY
AND EXPERT IN
HIGH PERFORMANCE AND GRIT**



JACQUI TRAVELS FROM MELBOURNE

For all speaking enquiries please
email info@jacquicooper.com

Head to jacquicooper.com to see Jacqui
in action - on the slopes and on stage.

